



Don't give  
your  
workmates  
the sh!ts

SAFE  
EXPECTATIONS

Naomi Kemp

@safeexpectation

How  
AWESOME  
is this!



BABY  
GOT  
BAC...*teria*



*Aspergillus sp*

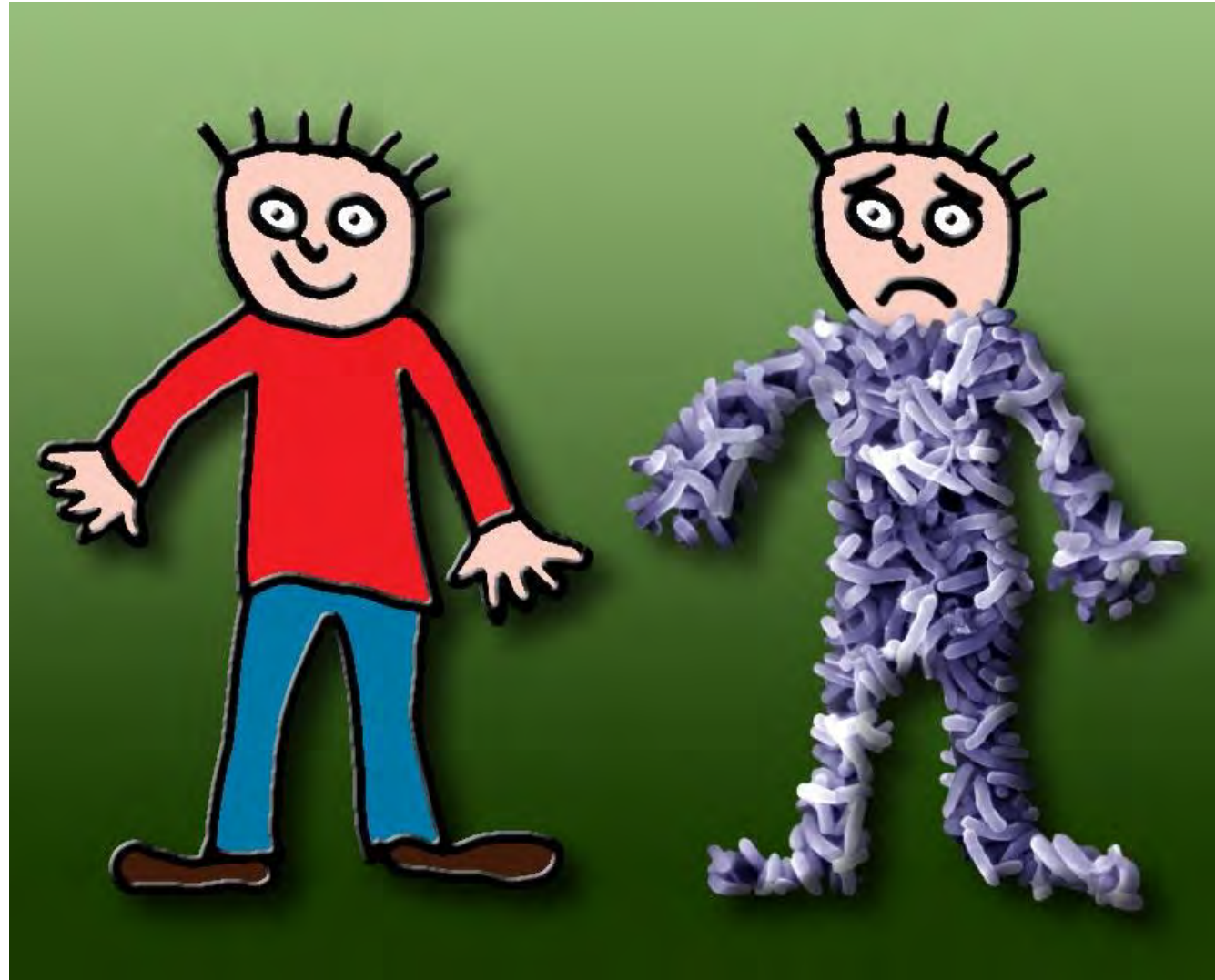


*Malassezia spp*

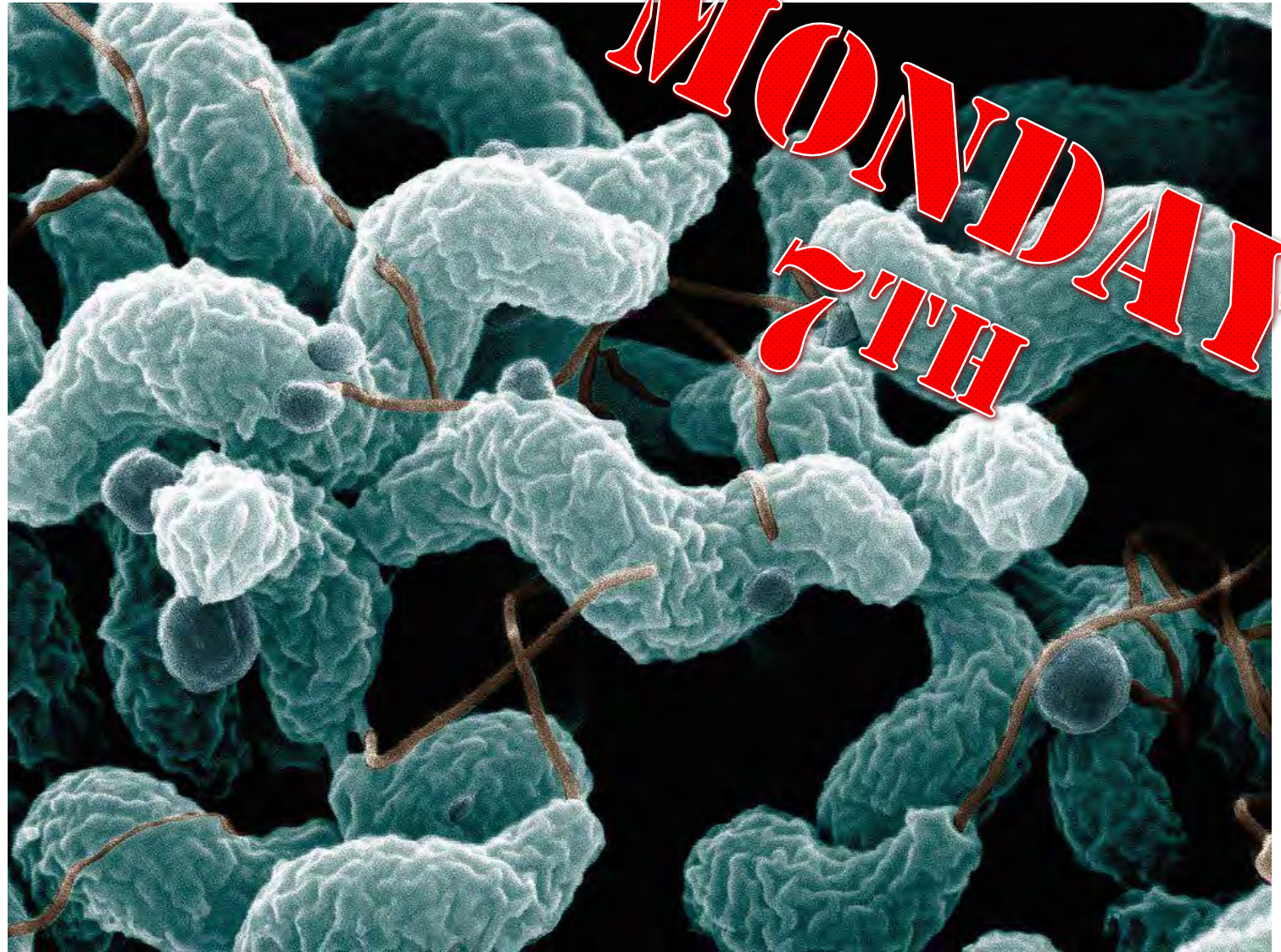


*Escherichia coli*

90%  
BACTERIA



# Campylobacter Jejuni



Ahh...  
the good  
old days.



SUNDAY  
1.31TH



# Bottoms Up!



# Dr Google

**MONDAY**  
**Google 4TH**

weak legs symptoms

Google Search

I'm Feeling Lucky





# Post- illness Syndrome

**WEDNESDAY  
16TH**



# TREATMENT



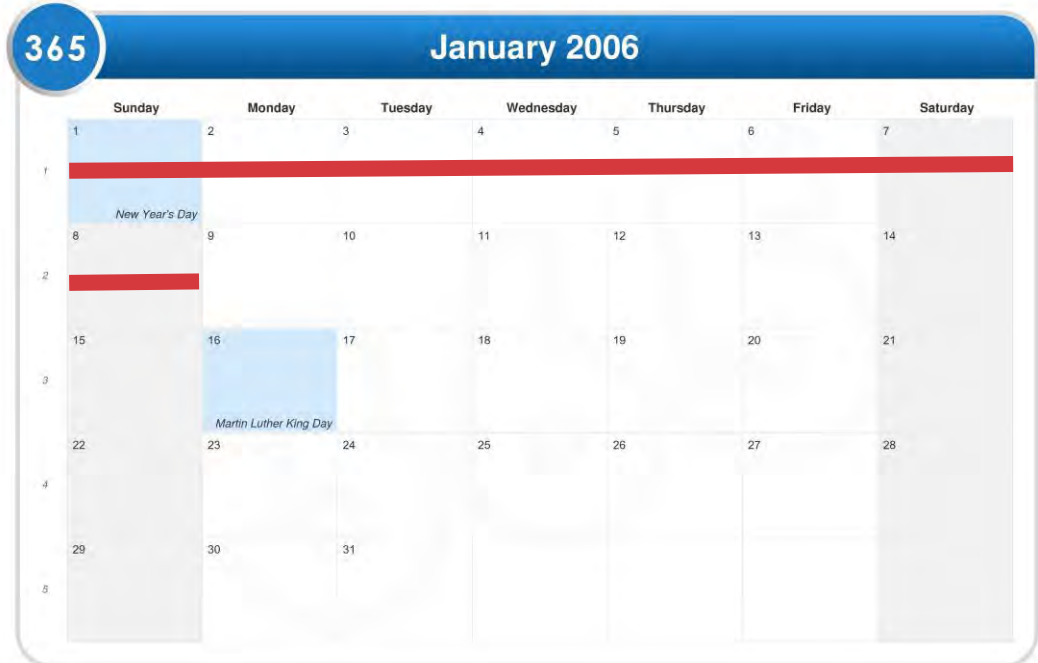
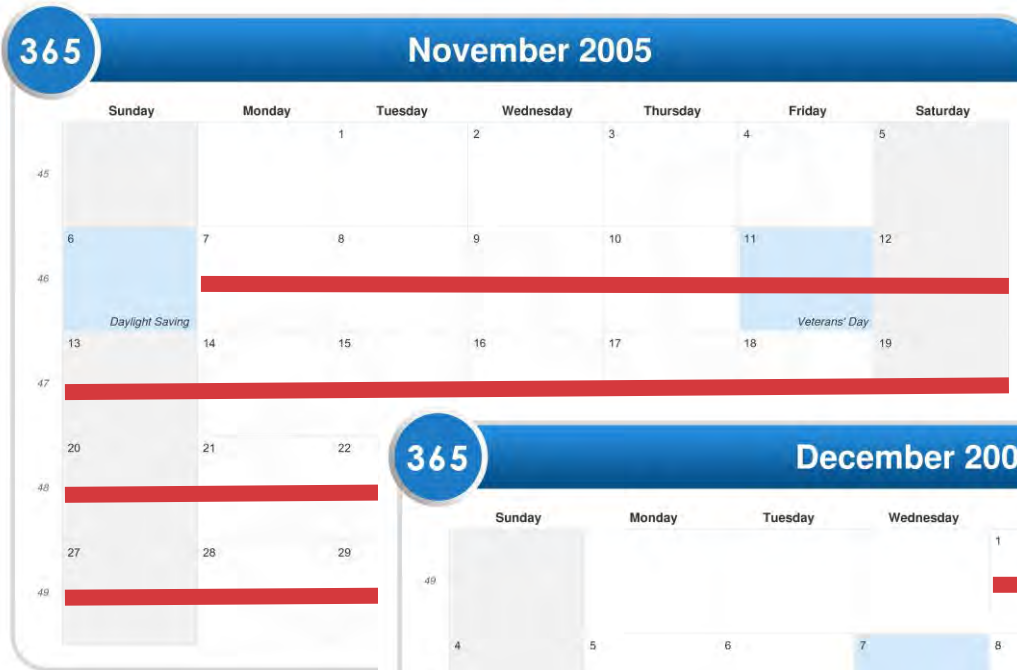
# Australia vs Uruguay



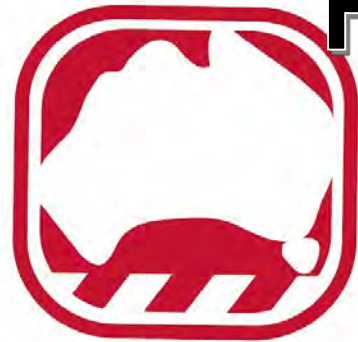
GOOOOOAL!



Just  
not  
there...



O ? S



**PREVENT**

**REPORT**

**safe work  
australia**



**Safety Institute  
of Australia**

**REHABILITATE**

# WHY?

## COMMUNICABLE

- Q-fever
- Leptospirosis
- Brucellosis
- Hendra
- HIV
- Legionellosis
- Tuberculosis
- Pneumococcal disease

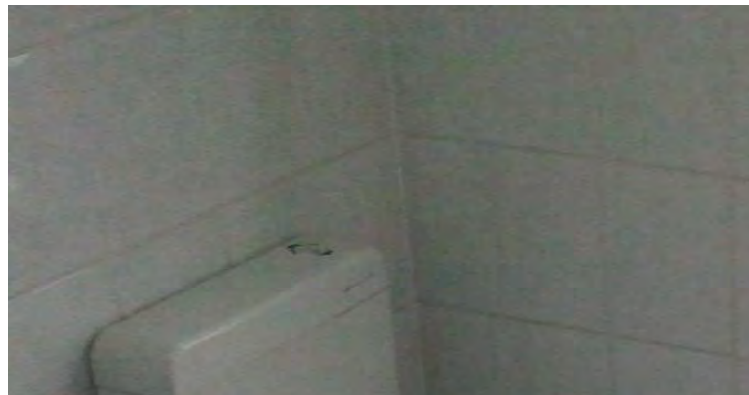


## At risk...

- Childcare
- Agricultural
- Meat and Livestock
- Waste Management
- Labourers
- Trades
- Professionals
- Community & personal care
- Clerical & administrative



400x





# DISEASES

## COMMUNICABLE

- C
- L
- E
- H
- H
- H
- L
- T
- P



## NON-COMMUNICABLE

- Cardiovascular diseases
- Cancer
- Chronic respiratory diseases
- Diabetes

# Australia's Health

**CLOSING  
THE LOOP  
2018**

Audience Poll 1



# Australia's Health

63.4%  
Overweight / obese

23.0%  
High blood pressure

54%  
Not sufficiently active



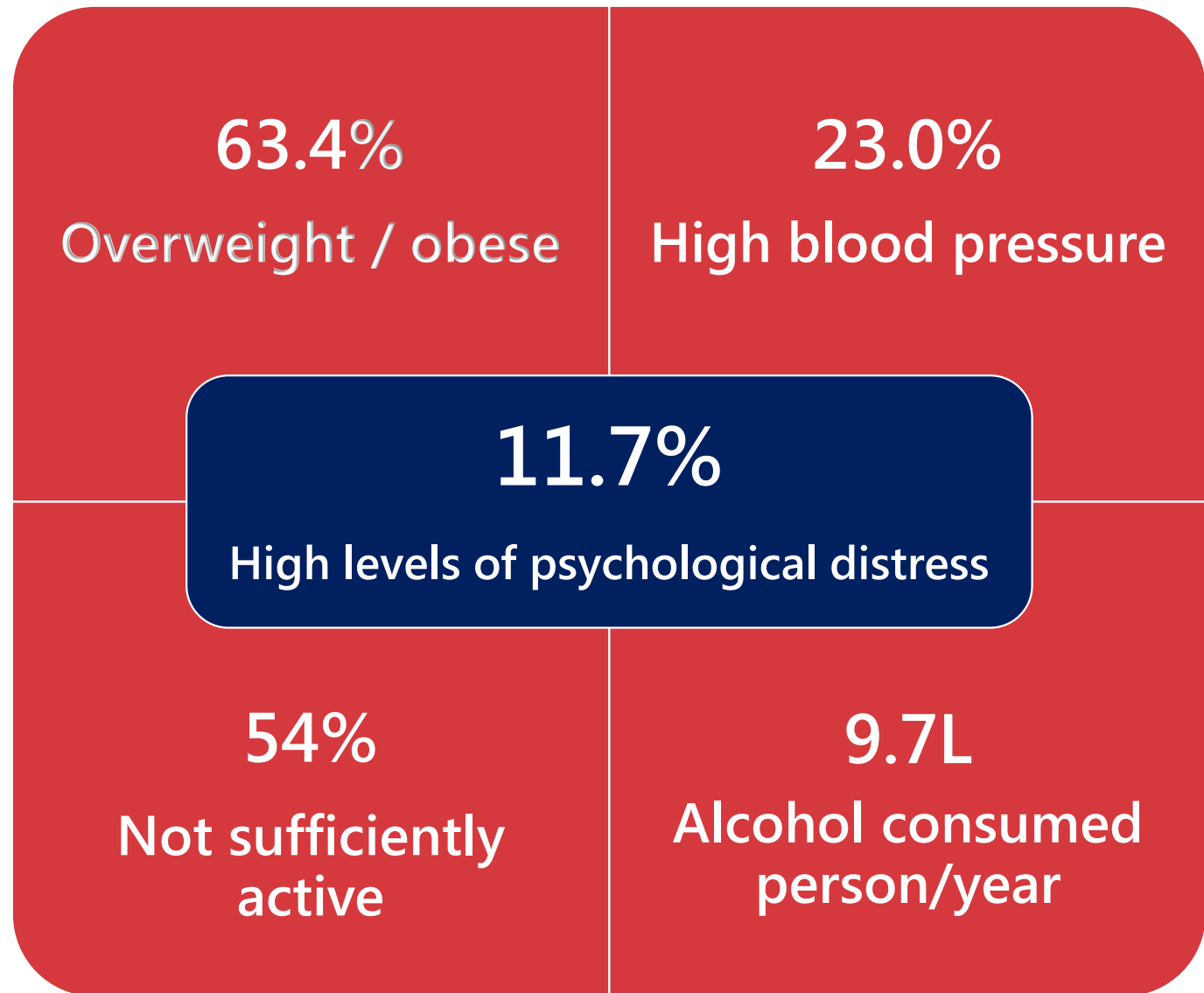
# Australia's Health

**CLOSING  
THE LOOP  
2018**

Audience Poll 2



## Australia's Health

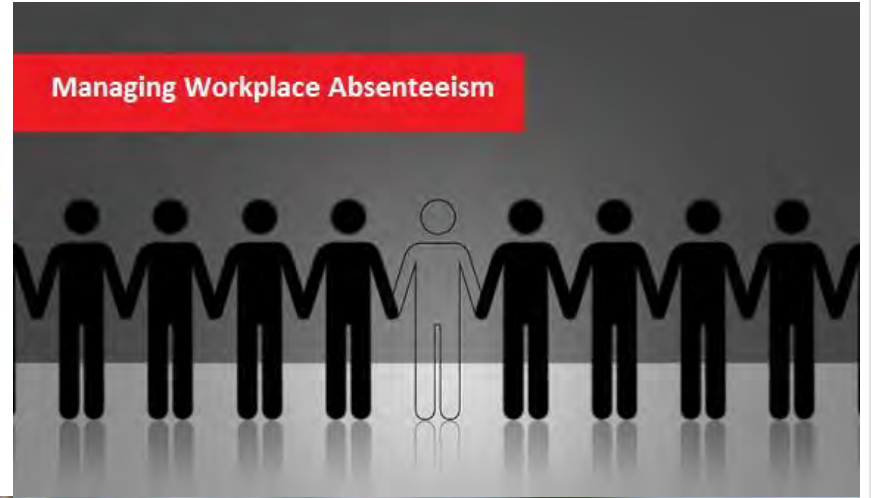


Call  
to  
action



**PREVENT**  
**REPORT**  
**REHABILITATE**

# PREVENTING COMMUNICABLE



# TARGET NCD RISK

## **Benefits of a healthy workplace for employers:**

- Improved work performance and productivity
- Reduced absenteeism and sick leave
- Decreased incidence of attending work when sick (presenteeism)
- Decreased frequency and cost of workers' compensation
- Improved staff morale, satisfaction and motivation
- Improved corporate image and attraction/retention of employees
- Increased return on training and development investment
- Improved employee engagement and employee relationships

## **Benefits of a healthy workplace for employees:**

- Increase in health awareness and knowledge
- Increase in physical health and mental wellbeing
- Improved morale, job satisfaction and motivation
- Improved opportunities for a healthier lifestyle
- Greater capacity to enjoy life both in and outside the workplace



# WELLNESS

- **Healthy Workers**  
Long-term behavioural change
- Evidence based wellness programs
- **Why create a healthier workplace?**  
Beyond engagement
- Improved employee satisfaction
- Address individual risk factors affecting employees' health

- Address organisational factors that helped/hindered employees' efforts to reduce those risks.
- **\$300M**  
Create a culture of health - integrate individual health promotion efforts with the overall company goals and objectives.
- Involve consultation with staff!

# PREVENT

**CLOSING  
THE LOOP  
2018**

Audience Poll 3



# REPORT

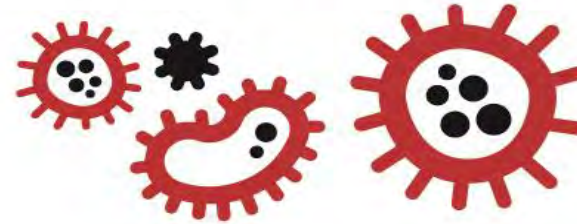
- National Notifiable Diseases Surveillance System (NNDSS)
- Workers' Compensation Data Systems



# REPORT



**10%**  
were due to diseases



**6%**  
mental health disorders



# Why are we not reporting?

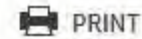
- Level of awareness and understanding?
- Encouraged to report in OHS systems?
- Capability to investigate work-related illness?
- Is it notifiable to the safety regulators?



When an injury occurs

Report an injury or make a claim

Request a call back



# When an injury occurs

If you are injured at work and past retirement age at the time of your injury you are covered by work injury insurance under the Return to Work scheme. [Find out more](#) about the support and services you may be entitled to.



VICTORIAN WORKCOVER AUTHORITY

# WORKER'S INJURY CLAIM FORM



Contact Us

# injury

## Have you been injured at work?

### Section B: Injury details

14 When did the injury happen?  
Date: / / Time: : am pm

15 What is the nature of the injury and part of the body that is injured?  
e.g. cut right index finger, fractured leg, lower back strain

## LANGUAGE

### Employee to complete

Sections of this form are to be completed by you and your employer. Please complete using black or blue ink.

Your personal details

About your injury

### Workers' Compensation Claim Form

Workers – tear off and keep this section for your information

### Step 4

If you wish to make a claim, ask your employer for a workers compensation claim form:

### Who can make a claim?

You are entitled to make a claim if you sustain an **injury in the course of your employment and are defined by law as a worker**. The legal definition of a **worker** includes full-time, part-time, casual, seasonal, piece and commission workers. Working directors, contractors and sub-contractors may also be defined as workers depending on their working arrangements.



# REPORT

**CLOSING  
THE LOOP  
2018**

Audience Poll 4



# REHABILITATE





*Work can make workers healthy,  
and healthy workers work!*

Naomi Kemp  
Certified OHS Professional  
@safeexpectation

SAFE  
EXPECTATIONS